Becky L McCoy: [00:00](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=0.03) Hey friends, it's Becky L McCoy and this is Sucker Punched.

Becky L McCoy: [00:14](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=14.11) Hey friends and welcome to episode 54 of Sucker Punched. Today I'm talking with my friend Kate, um, about some stuff, but before we get there, this past weekend was the BRAVEtogether Virtual Retreat. And we talked about perseverance and what it means to persevere when life is hard, what it means to look like, to rest, what it means to invite other people into you're persevering. Um, I was so encouraged. I think what are the highlights for me is just hearing women tell their stories and remembering that courage, um, it's not something that only a few people are good at and uh, only in like really heroic situations, but that we're all brave in our own lives in our own ways. And that's all good, right? Like the, that there is no competition of who has it worse. And um, the chat room was just wonderful, like encouraging each other and sharing parts of our own stories and getting to know people better.

Becky L McCoy: [01:36](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=96.4) And it was really, really great. So if you missed it, don't kick yourself too hard because if you head over to the shop you can get the audio version of the retreats, you can still listen to all the sessions you can put it on your phone, listen on your commute, a warrior doing the dishes whenever you like to listen to, like podcasts or sermons or books or whatever. Um, you just throw the BRAVEtogether Virtual Retreat in there and you can, um, listened to Grace P Cho talking about persevering and enduring. She ran a marathon and it was just excruciating. I talked about persevering during disappointment. Uh, other people talked about rest and community. Um, and even just defining what is perseverance. Um, and then we had four women just share stories of persevering and living bravely in their own lives. And I just felt so refreshed and encouraged and kind of ready to jump back in.

Becky L McCoy: [02:46](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=166.77) Um, to life and the, in the particular challenges that I'm facing at the moment. And, and so I just don't want you to miss out on the opportunity to experience that too. So head to BeckyLMcCoy.com/shop And you can get your copy of this past virtual retreat as well as the ones that came before it. So this week I was listening. I love listening to Annie F Downs' podcast That Sounds Fun. She has people that she's really friends with on the podcast and they just talk about real life stuff. Um, it ranges from, like Annie says, her two favorite things are soccer and the enneagram. So those two topics come up a lot. But, um, this latest episode with her friend Andrew Ripp, just really, man, I went back and listened a couple of times to a few parts because it was just so beautiful to listen to two friends processing, um, some of the really hard parts of Andrew's story and they, they talked about he and his wife has struggled with infertility and the disappointment that comes with that.

Becky L McCoy: [04:16](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=256.39) And then he said this and I like legitimately was like, what's the timestamp right now so I can go back and listen to this part again and again and again. And again. Um, so they were just talking about how experiencing such deep disappointment, um, effects how you see God. And, and are you going to, will, will, will you allow the disappointment to create a barrier between you and God or will are you open to the idea that, that maybe you can grow closer and he says, um, he felt like God was saying, "we can handle disappointment, but we can't live without hope." And I just loved the beauty of that. I'm like, disappointment will come and it's not going to destroy us and it doesn't feel good and it's painful, but we can do this, uh, as opposed to, um, disappointment meaning that there's no more hope and, and living in the tension of it. So you can be disappointed and hopeful all at the same time. So definitely head over to a Annie's podcast That Sounds Fun and listened to her episode with Andrew because I'm, yeah, it was just really wonderful and encouraging and I thought it was interesting just to hear them speaking specifically about disappointment. I'm in the middle of this series on disappointment.

Becky L McCoy: [06:00](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=360.68) This episode of Sucker Punched was brought to you by Truece. It is this a great app for people looking to kind of keep kids schedules and information organized. It was specifically organized or developed for divorced or separated parents. um looking to have a simpler way to manage, um, families when you're in a co parenting situation, you can use it to log custody, time, document expenses, manage your family calendar, send messages, store documents. Everything is super easy to get to. It's dated and timed timestamped. So, um, there's just a lot of accountability with it. You can generate reports and things, uh, that, uh, just keep track of everything for you. Um, and so sharing all the information is really easy. It's, it's accessible anytime because it's just an app on your phone. I could see this totally. Also, um being really helpful in like in my situation, I'm not dealing with a coparenting or divorce situation, but when you have grandparents and friends and all different people being on your team to parent your children, um, just being able to keep track of schedules and where kids need to be when And um, that's, I think is just really awesome to have that resource available. So if you are interested, you can become an early adopter and you will earn the free enhanced Truece account for life. So just head to Truece.com to download the APP. It's t r u e c e Dot Com.

Becky L McCoy: [08:04](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=484.75) Alright. Uh, today I'm talking with Kate Motaung and um, it's just one of those stories where, you know, you just kind of listened and you're like, oh no, please don't end up the way I want way. I think it's going to, um, but, but kate has done such a good job of processing this story and um, I think one of the things we often rush to do is to figure out the lesson that we're supposed to learn while we're in the middle of the mess. And sometimes we have to wait until the mess has gotten cleaned up to be able to learn the lesson. And Kate has really done that and we talk about her book A Place To Land, A Story of Longing and Belonging and, and she does a lot of that processing through the book. So I'm going to stop talking about my conversation with Kate and just let you get to listen.

Becky L McCoy: [09:18](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=558.38) I am here with Kate Motaung and she had a new book that came out, uh, at the beginning of this year, A Place To Land: A Story of Longing and Belonging and we're gonna talk a little bit about that and um, just about, um, the, the disappointment that came in, the stories of that kind of ended up in developing that book. So tell us a little bit about the book, about a story of disappointment, um, kind of how it all came together.

Kate Motaung: [09:52](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=592.5) Sure. Well, thanks again for having me, becky. I really appreciate it. Um, so the book is a memoir and I, when I turned 21 and moved to South Africa for what I thought would be one semester of college and that turned into 10 and a half years of living in Cape Town. Uh, I met my husband there and we got married and had our three children instead of Africa, one of whom is adopted. We had two kids biologically, first and then adopted my husband's biological cousin when he was six. And a half and um, during my time in South Africa, my mom was diagnosed with breast cancer and she was a single mom and I was faced with the decision. This was actually before we got married, faced with that decision of do I stay in South Africa or do I go back to the states to be with her to help her?

Kate Motaung: [10:50](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=650.55) And it was a difficult choice and I really wrestled with the Lord as to what I should do. But I ended up staying in southern Africa and the Lord was very gracious to care for my mom during that time she went through chemo and radiation and various surgeries and then actually went into remission, which was a huge blessings. And that's when we been adopted our oldest. Um, so this is now a few years after being in South Africa and we had plans to move to the states. So I'm just trying to sort of condense the story of it.

Kate Motaung: [11:26](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=686.191) But after we got married and had two kids adopted one, we thought, okay, now it'd be a great time for us to spend a bit of time in the states. My mom then went into a, she was rediagnosed, excuse me, the cancer returned and metastasized to her bones and lungs and liver, and we had already decided ahead of time that with my, that if we had kids, then we would, if the Lord wills, we would spend the first five years of their lives in South Africa and then the second five years of their lives in the states if we could just, so they could have time with my side of the family and get to know the culture and build relationships. So, so that was our plan, but as most people know, the Lord doesn't always have the same plan that we might have. So we planned that and had everything in place to move back to the states.

Kate Motaung: [12:22](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=742.84) My Mom's cancer had returned. We wanted to be with her and we found out that as an American adopting a South African child, I would have to reside in South Africa for two full years after the adoption was finalized. Oh my word. So that was a real setback. Um, obviously that was a huge disappointment and it took us all by surprise. It wasn't part of our plan and it was a real challenge. I really wrestled with the Lord, like, why? Why did you allow this to happen? Why are you doing this now? My Mom's sick, we planned to go and now I sort of felt stuck in that country. Um, and so that was, that was one of the biggest disappointments for me and in the grand scheme of things as to just, it's, I felt like a real roadblock and a real pause in what I thought was a progression towards us moving to the states. Sure. Yeah.

Becky L McCoy: [13:21](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=801.78) What was, what was the hardest part of all of that? I mean, that's a lot of disappointment. Not just not getting to move to the states with your family, but not knowing what your mom's health is going to be like and your own plans kind of getting thrown out the window. Like what was the hardest part of all that disappointment?

Kate Motaung: [13:45](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=825.88) Yeah. I would say the hardest part was actually just questioning the Lord's will and almost doubting his plan and his sovereignty and his provision for us and, and asking him why would you do this? You know, really questioning God as to what he was doing in the midst of that. That was probably the hardest part for me was just that faith struggle spiritually.

Becky L McCoy: [14:15](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=855.65) Yeah. That is really. It's not just like, oh, that's a bummer. But like, God, are you still there? Are you still good? Are you still god? Do you still have a plan? Is there a plan at all? Do I need to come up with a new plan? Like what's going on here? So what happened? I mean, because obviously you're not still right in that moment. So did the disappointment resolve? Was there a new plan? What, what did your family do?

Kate Motaung: [14:51](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=891.64) So I realized, thankfully I realized pretty early on after we found out that we, that that was what we had to do was I had to reside there for two years. I mean the adoption was finalized and it was really no way around it. My son could have visited the states for up to 90 days, which we did visit for about six weeks after hearing this news, but we weren't able to move over in a way that he could live here at that time. So, um, I really started praying and asking the Lord to help me and he did. And one of the prayers that I believe he gave me to pray, Lord, help me not to be bitter about this, help me not to be bitter towards God or towards anyone else if my mom or even my dad who was much older, is still much older at the time that if either one of them would've passed away during that two year period, I just prayed, Lord, please help me not to be bitter about this bitter towards him or anyone else.

Kate Motaung: [15:57](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=957.86) And in the end we did have to say, and my mom did pass away during that two year period. So we didn't get to be living in the states. We did get to spend six weeks with her before she passed away. We all came over for a visit to the states, but she did pass away. And so in a sense it wasn't my plan and yet God really did answer that prayer to help me not be bitter towards him or anyone else in the midst of it too. Instead of, even though I had those questions and doubts about his goodness in the very beginning, he helped me to really replace those with a trust in his plan and his purpose that yes, he did that for a reason. And even if I might not know what that reason is, that he is still good, it doesn't affect his character or his love for us because of the fact that we didn't get what we wanted. So in that way it was a sanctifying process. And um, he helped to strengthen my faith in the midst of what was a real disappointment. And you know, and it's easy to say why God and yet even if we don't get the answer to that, why it doesn't change who he is and in his goodness.

Becky L McCoy: [17:18](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1038.78) And did that help you to like learn to see God as, as someone who is really good and unchanging, did that help you in the grief of losing your mom?

Kate Motaung: [17:32](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1052.54) It did, yeah. It really did. Yeah. In His grace, she was a believer. So that's a huge benefit when you lose someone to have that trust and just knowing that they're there with the Lord. So that's, it was huge. But yeah, you know, even if we had been there it wouldn't have changed the outcome anyway. But um, to have those weeks with her as well and to ultimately trust that he does know exactly what he's doing. I mean now, ironically we're now living in the states and my husband's mom is in South Africa and thankfully she's still in good health, but we went five and a half years of being in the states now without seeing her at all. And so I still have those moments where I think, Lord, like I think you had it a little bit backwards. Like when my, when my mum was sick, we were in Cape Town and now she's gone and we're in the states.

Kate Motaung: [18:31](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1111.05) And My mother in law is able to see with the kids and she's not seeing the kids. And so yeah, we don't know how the Lord works or why exactly. But, um, you know, he's, he's blessed us in so many ways beyond that that we can just trust as you said, that he, he has a place for us and he knows where we're supposed to be.

Becky L McCoy: [18:55](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1135.49) what do you, what do you feel like you learned about? Like being disappointed?

Kate Motaung: [19:02](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1142.61) you know, it actually revealed my own selfishness and my, um, emphasis on self as what I want. It's easy to, for me to act like a toddler and throw my little internal tantrums with God and sure I didn't get what I wanted.

Becky L McCoy: [19:27](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1167.21) Mine aren't always internal.

Kate Motaung: [19:30](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1170.66) So, you know, it's so easy for us to pitch a fit when we don't get what we want. And um, and yet we often have no idea. Maybe like what God is protecting us from when he doesn't give us what we want. And that way, if we had gotten what we wanted, maybe something else, catastrophic or terrible would've happened, or we would have struggled spiritual spiritually in some way if we had gotten what we wanted. So, um, I think of that verse in proverbs that in his heart, a man plans his course, a man plans his steps, but the Lord determines his course or the Lord determines something like that. Right? So just really trusting that as it says in Isaiah, his ways are higher than our ways and right odds are higher than our thoughts. And so every time it does happen where I don't get what I want to recognize that for what it is as my own selfish desires and to realize like actually it's a good thing that I'm not gone. It's a good thing that I'm not in control and is a good thing that I do have a god who is. And I can put my trust even if I don't understand that he is working all things for my.

Becky L McCoy: [20:49](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1249.82) I'm going to take you down a little bit of a rabbit trail for a hot minute? Sure. Oh, all of a sudden I'm hearing myself through your thing. Did something change?

Kate Motaung: [21:03](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1263.18) Okay. It didn't change on my side.

Becky L McCoy: [21:05](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1265.89) Weird. It's good now. Okay. So we're talking about like disappointment and learning that God's ways are higher, God's ways are better, God is more wise. But that's not to say that God had a purpose for your mom to die and you be thousands of miles away because God doesn't cause our pain, right? Like God didn't say it would be better for you to lose your mom instead of me healing her here on earth. Right? Because then, Then God isn't good if, if he prefers for you to experience loss, sure. But that God is so mysterious that we don't have to know his reasons.

Kate Motaung: [22:03](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1323.63) Yeah. And I think, um, you know, in, in Romans when it says that all things work for the good of those who love him. Um, I don't have my Bible open right now, but it talks about, it goes on the verse that follows about being made in Christ's likeness and that the good that comes of it, often we think, oh, everything works out for our good. That means that we'll be happy and cheerful and nothing bad will happen. Actually the good is often us being transformed more into the likeness of Christ.

Becky L McCoy: [22:41](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1361.641) Amen.

Kate Motaung: [22:41](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1361.641) So I think, you know, it wasn't nice that my mom died. I'd much rather have her still alive and I know you've experienced loss as well in significant ways that we would much rather have our loved ones still with us and yet if we see how God has worked in us and even in the lives of other people as a result of the circumstances and stories that he's given us, um, you know, can we say that he has used those trials and those hardships for our good spiritually speaking and to transform us even more into the likeness of his son. That makes sense?

Becky L McCoy: [23:28](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1408.27) That's so good. I'm just sitting here like soaking it in and keep going and keep going. But I think that's because it's so easy, I think when I think Christians a lot of time when we try really hard because God is good to like be able to wrap everything up into a super nice and tidy little package that makes sense. Um, and, and sometimes it just doesn't. So anyways, going back, go ahead. Oh well I want to talk about your book. So tell us more about the book and, and kind of what I'm, what you. Let me start that over. Cause I hate when I suddenly lose all language. Um, okay. So I want to talk about your book. It is called a place to land, a story of longing and belonging and I just love this title so much. Like I feel like just you putting that title out into the world is a wonderful thing. But actually tell us more about the, the book and what it's about.

Kate Motaung: [24:48](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1488.48) Yeah. So as I mentioned, I moved to Cape Town. I when I was 21 thinking I'd stay for five months and ended up getting married and, and building a home and a family in South Africa as an American. And I never really felt as though that Africa was my home home because I was a foreigner and that wasn't my culture, that wasn't where I grew up. And yet whenever I would visit the states during that time, I also felt as though my hometown had sort of moved on. It had changed. I had changed so much after my experience in South Africa that I didn't really feel at home in the states either. I felt like an outsider there as well. And so I had that tension of where is my home and questioning and feeling unsettled and that I didn't really have a place that I belonged. And then, um, as I mentioned, my mom passed away in 2011 and because she was a believer, after she died, I started thinking a lot more about heaven. And then it bothered me that why am I only thinking about heaven more now that my, my, uh, I know my mom is there. Why wasn't I obsessed with heaven and eternity and longing to be with God just because God is there. Um, so I, after my mom passed away, I really realize that it's okay to feel unsettled here in this life no matter where I'm living because as a Christian, this is not my home, not supposed to find home here and as believers at home is with the Lord. So the book is a memoir, but it really wrestled with that question of where is home. Um, I talk about my parents divorce when I was seven and how that impacted my view of home, like growing up in two homes there. And then once I was in Cape Town we moved 10 times in 10 years from rentals, rentals, rental feeling as though I didn't really wasn't really established there either, but just encouraging readers that it's okay to feel that way in this life because there's something more for us.

Becky L McCoy: [27:05](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1625.51) Wow, that's really great. I everyone read this book and then leave reviews because, uh, it is, you know, Kate came on here to share her story with all of you. But, um, I like to say often that a huge driver of the book industry is, is the reviews that people leave on goodreads. And Amazon, and so if you like someone's book or anything about them, believe them or review so that they, they get to produce more work.

Becky L McCoy: [27:46](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1666.17) Well, I, I, I just love everything about this book, so thank you so much for, for sharing the book and your story and um, and all of that with the world. I know that it can be really overwhelming to share the most vulnerable parts of, of your life with strangers.

Kate Motaung: [28:10](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1690.45) Thank you. Thanks Becky.

Becky L McCoy: [28:12](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1692.52) Um, well tell everybody where they can find you, connect with you, follow what you're working on and kind of see the rest of your story unfold.

Kate Motaung: [28:22](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1702.4) Sure. So my website is my first and last name: KateMotaung.com. And if you go there you'll find links to social media. You can find me on facebook, twitter, and instagram.

Becky L McCoy: [28:34](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1714.28) Awesome. Thanks so much.

Speaker 4: [28:35](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1715.77) Thanks Becky.

Becky L McCoy: [28:47](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1727.3) I am so glad that he was able to come and share her story with us. I'm find. Me or her or her, both of us on social media and let us know what you got out of our conversation. What was encouraging to you? What questions do you still have for her? Um, and has it encouraged you to take, uh, some, some next steps in your own life, in, in dealing with your own personal disappointments? Um, if you're interested in, in exploring more about what disappointment really is and what it looks like in your own life, I did a little bit of processing on that, my own on my own in if you head over to my blog, BeckyLMcCoy.com. You can read the blog post Good Things Are Scary, Disappointment is Comfortable. And I just started thinking about like, wow, sometimes I'd rather just settle for the disappointment that I know instead of taking a risk for things to get better and kind of tease that out a little bit.

Becky L McCoy: [29:58](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1798.391) Uh, this podcast was edited and mastered by the awesome people over at Resonate Recordings. They are really wonderful and so professional and helpful. And, um, I, I really know that I'm in my creative endeavor is in good hands with them because they not only want things to be in sound professional, but they have great resources and suggestions for how to just continually improve. So if you are interested in starting a podcast or taking your podcast to the next level, definitely get in touch with them ResonateRecordings.com.

Becky L McCoy: [30:49](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1849.48) Again, if you miss the brave together virtual retreat, you can catch up with brave together to go just head to BeckyLMcCoy.com/shop and click on the one that says persevere. Um, it was really, really a special time and I know that you'll appreciate it. So I wanted to make that available to you. Also, join us in the BRAVEtogether Facebook group. That's kind of where we, um, we gather when it's not time for a special event or retreat. And we would love to have you there. Uh, this episode was sponsored by truece, the APP for Co parenting and blended families. It sounds just like truce as in a co like compromising and not fighting anymore. Um, but it's spelled t r u e c e, and you can learn more about that truece.com.

Becky L McCoy: [31:52](https://www.temi.com/editor/t/0FD7T2qKEpKCKbT56xPQpcAQoFadAV_tqVkzsTg5kl9KhA8JQ-laBDbHKnHG_dEQv6Lt2izL4iIkDgnRuFM5Q0sFsIs?loadFrom=DocumentDeeplink&ts=1912.11) Uh, last but not least, if you are interested in becoming a sponsor or advertiser on Sucker Punched, just send me an email to podcast@BeckyLMcCoy.com. I would love to partner with you. I love getting great resources and products into the hands of people and just sharing things that I love, uh, with people who I know will love them as well. So get in touch with me if you are interested in that. Uh, come find me on the Internet. I'm at BeckyLMcCoy.com or on all of the social medias @BeckyLMcCoy. I would love to chat with you. Um, please leave a rating and review for the podcast, especially Through itunes or wherever you listen to podcasts. It helps new listeners to find the podcast. It helps the algorithms and things that, that suggests the podcast to new listeners and whatnot. So it's totally not a vanity thing, just wanting people to be encouraged, uh, by these stories just like I am. And I know you are. I hope you have a wonderful week and I look forward to sharing another really encouraging and inspirational motivational. I mean, there are so many adjectives to use to describe these stories, uh, another friend with you next week. So until then, friends, have a great week.